

Women

Men

Non-smokers

Smokers

AGE

Non-smokers

Smokers

Systolic blood pressure (mmHg)

180	23	27	31	36	42	41	47	54	60	67
160	16	19	23	27	31	31	36	41	47	53
140	12	14	16	19	23	22	26	31	35	41
120	8	10	12	14	16	16	19	22	26	30
180	12	15	17	21	24	24	28	33	38	43
160	9	10	12	15	17	17	20	24	28	33
140	6	7	9	10	12	12	14	17	20	24
120	4	5	6	7	9	9	10	12	14	17
180	7	8	10	12	14	14	16	19	22	26
160	5	6	7	8	10	10	11	13	16	19
140	3	4	5	6	7	7	8	10	11	13
120	2	3	3	4	5	5	6	7	8	9
180	4	5	5	6	8	8	9	11	13	15
160	3	3	4	5	5	5	6	8	9	11
140	2	2	3	3	4	4	4	5	6	8
120	1	2	2	2	3	3	3	4	4	5
180	2	3	3	4	4	4	5	6	7	9
160	1	2	2	3	3	3	4	4	5	6
140	1	1	1	2	2	2	2	3	4	4
120	1	1	1	1	1	1	2	2	2	3
180	1	1	1	1	1	1	2	2	3	3
160	0	1	1	1	1	1	1	1	2	2
140	0	0	0	1	1	1	1	1	1	1
120	0	0	0	0	0	0	1	1	1	1
	140	190	230	270	310	140	190	230	270	310

70

65

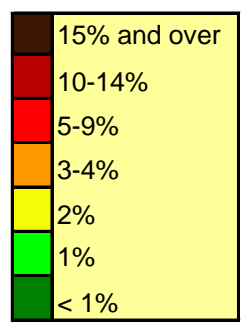
60

55

50

40

28	33	38	44	50	50	56	63	70	76	
21	24	28	33	38	38	43	50	56	63	
15	17	21	24	28	28	33	38	43	49	
10	12	15	17	20	20	24	28	32	38	
18	21	25	29	34	33	39	45	51	57	
13	15	18	21	25	25	29	33	39	44	
9	11	13	15	18	18	21	24	29	33	
6	8	9	11	13	13	15	18	21	24	
11	13	15	18	22	21	25	29	34	39	
8	9	11	13	15	15	18	21	25	29	
5	6	8	9	11	11	13	15	18	21	
4	4	5	6	8	8	9	11	13	15	
7	8	9	11	13	13	15	18	21	25	
5	5	7	8	9	9	11	13	15	18	
3	4	5	5	7	6	8	9	11	13	
2	3	3	4	5	4	5	6	8	9	
4	5	5	7	8	8	9	11	13	15	
3	3	4	5	5	5	6	8	9	11	
2	2	3	3	4	4	4	5	6	8	
1	2	2	2	3	3	3	4	4	5	
1	1	2	2	3	3	3	4	4	5	
1	1	2	2	3	3	3	4	4	5	
1	1	1	1	2	2	2	3	3	4	
1	1	1	1	1	1	1	2	2	3	
0	0	1	1	1	1	1	1	1	2	
	140	190	230	270	310	140	190	230	270	310



SCORE
TURKEY

Total cholesterol (mg/dl)

