



**TURKISH  
SOCIETY OF  
CARDIOLOGY**

Heart Failure  
Working Group

HEART FAILURE 2010  
SEPTEMBER 17 - 19, 2010  
ESKISEHIR / TURKEY

Heart Failure  
2010  
September 17 - 19, 2010  
Anemon Hotel  
Eskisehir / Turkey

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Dear Colleagues,

“Turkish Society of Cardiology Heart Failure Working Group Annual Meeting” will take place in Eskisehir / Turkey on September 17 – 19, 2010.

The meeting which will host exclusive cardiologists and heart surgeons in national and international scale will have joint sessions with World Heart Failure Society and Hellenic Society of Cardiology Heart Failure Working Group.

The meeting will have scientific sessions and live case applications with the support of Turkish Society of Cardiovascular Surgery and Arrhythmia Working Group of Turkish Society of Cardiology.

Eskisehir which is one of the oldest settlements (3500 BC) in this region is a very charming meeting place with its beautiful old ottoman houses and university environment.

The city is located in 4 hour train trip from Istanbul. This enables the visitors to visit Istanbul, which stands on the shores of the uniquely beautiful Bosphorus.

Sincerely Yours



Professor Mehdi Zoghi

President Turkish Society of Cardiology Heart Failure Working Group

## Board of Turkish Society of Cardiology

President: Cetin Erol, MD, FESC  
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Mehmet Eren, MD, FESC  
Erdogan Ilkay, MD, FESC

## Board of WG on Heart Failure

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Past President: Mehmet Eren, MD, FESC  
Vice President: Yüksel Çavuşoğlu, MD, FESC  
Secretary: Hüseyin Uyarel, MD  
Treasurer: Fatih Yalçın, MD, FESC

## MAIN TOPICS

- From symptom to diagnosis in Heart Failure
- Is there any difference in the Etiology of Heart Failure (World Heart Failure Society Session)
- The Role of high blood pressure in the development of heart failure
- Which medicine group should be the third neurohormonal blocker?
- The paradoxes of Heart Failure
- Acute Coronary Syndrome and Heart Failure
- The overlooked in Heart Failure: sleep apnea
- The new developments in the drug treatment in Heart Failure
- The present and future of the biochemical indicators for diagnosis and prognosis of Heart Failure.
- CRT Course - Live cases
- Biofeedback technique
- The practical approach with algorithms for the treatment of acute Heart Failure.
- Post discharge care programs in chronic Heart Failure.
- EECF
- The new developments in stem cell.
- Ventricular support devices: Issues to be taken care for patient selection
- Live tissue research before revascularization in chronic Heart Failure.
- Levosimendon: The new approach of inotropic treatment in ACS (Acute Coronary Syndrome)
- Heart Failure and Atrial Fibrillation: Latest treatment approaches
- NNT from Heart Failure window.

## **Turkish Society of Cardiology Heart Failure Working Group Annual Meeting International Delegate Program:**

**Special Offer; 855 €**

### **International Delegate Fee Includes:**

#### **Registration**

**Round trip transfers: Airport - Hotel - Train station - Congress center - Train ticket ( Istanbul - Eskisehir)**

**Accommodation ( 2 days Istanbul - 2 days Eskisehir )**

**Hotel alternatives Istanbul ( Titanic Hotel )**

**Hotel alternatives Eskisehir ( Roof Garden Hotel )**

### **September 15, 2010**

- Arrival to Istanbul
- Transfer to the Hotel and check in
- Accommodation in city center ( Titanic Hotel ) <http://titanic.com.tr/titaniccity.asp>

### **September 16, 2010**

- Istanbul half day city tour ( please find the details below )

### **September 17, 2010**

- Arrival to Eskisehir by train
- Heart Failure Working Group Annual Meeting with the participation of Hellenic Society of Cardiology

### **September 19, 2010**

- Departure to Istanbul by train

## City Tour / 3-4 hours / Without Lunch

### HIPPODROME



Hippodrome was built by the Roman Emperor Septimius Severus in 203 A.D. The hippodrome was a stadium which served as a meeting place for the politicians, for chariot races, wrestling, boxing, and other athletic activities that took place. They organized the games in the hippodrome. The winner was awarded a prize which consisted of a crown made of flowers, some presents, bonuses and money.

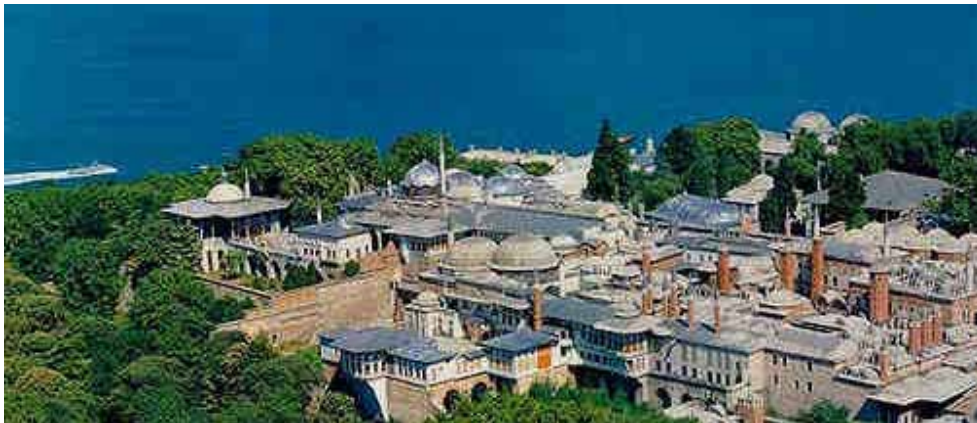
Obelisk of Theodosius (The Egyptian obelisk) erected by Tutmosis III 1504-1450 B.C. before the temple of Karnak at Heliopolis. The Obelisk, brought to Istanbul by Emperor Theodosius I was made of pink granite and its height is 17 metres. The hieroglyphic inscription on the Obelisk describes the victory of the pharaoh and a sacrifice to the god of the sun Amon-Ra in which the pharaoh kneels at the feet of the god.

Serpentine Column: was donated to the Delphi by the 31 Greek city states after the victory over the Persians in 479 B.C. This is one of the oldest monuments in Istanbul. The names of these 31 cities were written on this obelisk which is 5.10 meters high.



German Fountain: was built in 1898 when Emperor Kaiser Wilhelm II visited Istanbul and donated a fountain which was put up in front of the Blue Mosque as a gift to Ottoman Sultan Abdulhamit.

### TOPKAPI PALACE MUSEUM (Closed on Tuesdays)



When Sultan Mehmed II captured Constantinople in 1453, he found the palaces of the Byzantine Emperors in such ruins as to be uninhabitable. He chose a large area on the broad peak of the Third Hill as the site of his first imperial residence. He constructed a great complex of buildings and gardens here and they came to be known as "Eski Saray" which means "The Old Palace". A few years later, he decided to have his palace on the N side of the First Hill which had been the acropolis of the ancient Byzantium. He constructed a massive wall surrounding the area along the Sea of Marmara to the Golden Horn. This took place during the period 1459-65 after the Sultan left the former palace to women of his father's harem. The Harem in Topkapi Palace in its present state dates back to the reign of Murat III (1574-95), Mehmed IV (1648-87) and Osman III (1754-57).

### **HAGIA SOPHIA (closed on Mondays)**



Hagia Sophia is considered a unique monument in world architecture, and its magnificence and functionality has been a good example in construction of countless Ottoman mosques. Hagia Sophia with its exceptional history constitutes a synthesis between east and west. This monument is one of the wonders of the world that has remained intact until the present day. One can find many attractions in Hagia Sophia – interesting forms of Byzantine architecture, mosaics of the Christian period as well as structures added during the Ottoman era.

### **The BLUE MOSQUE (SULTAN AHMET CAMISI)**



The Blue Mosque is probably Istanbul's most famous landmark and it is the only mosque in Turkey with six minarets. It is located just in the heart of old town and faces the Hagia Sophia Museum (Ayasofya Müzesi). The Blue Mosque was built by Sultan Ahmet the 1st, between 1609-1616 in Sultanahmet Square.

This magnificent mosque is the biggest mosque in Istanbul and created by architect Sedefkar Mehmet Aga and is called the 'Blue Mosque' because of its hand painted Iznik tiles that were used during its construction.

For those of you who will visit Istanbul, SULTAN AHMET SQUARE (Sultanahmet Meydani, in Turkish) is a must see!!

### **Titanic Hotel - Taksim - Istanbul**



There are 183 rooms of which 20 are non-smoking.

The Hotel has been designed in the 'City' concept in a manner to meet the expectations of the congresses and businessmen, a new and modern building located in the city center.

Our bar and restaurant surrounded by city lights where you can taste cocktail varieties in the company of live music, our meeting halls special for all organizations, TITANIC Wellness & Spa where you can shed the tiredness of the city, our indoor swimming pool, our Fitness hall with latest technology equipment, TITANIC Store where you can find gifts and our special design products, the Business Center reserved to businessmen and select customers, Valet Parking services are available.

TITANIC City Hotel located in Taksim which is the pearl of Istanbul which brings together different cultures with its historical fabric, with its position ensures fast and smooth access to historical places as well as congress and business centers, in addition with its metro connection to modern shopping and entertainment centers.

<http://titanic.com.tr/titaniccity.asp>

### Rood Garden Hotel - Eskisehir



Our hotel has a professional knowledge enhancement and the amateur spirit, our staff stay with them for peace between your house and you will not have a service mentality. Have received the name of our hotel terrace restaurant that can eat your meal accompanied by a unique landscape Eskisehir our hotel in the garden of your family and your friends can spend enjoyable moments.

Non-smoking rooms available for guests and standard, family rooms and suites are available. Hotel parking lot, Digiturk broadcasts, and all rooms have air-conditioning, mini bar, safe, plasma TV, satellite TV, free internet access, work desk, hair dryer, room and bathroom are in the phone connection.

To serve for accommodations beyond your expectations you are waiting for our hotel.

[www.roofgardenhotel.com/](http://www.roofgardenhotel.com/)

#### ORGANIZATION SECRETARIAT



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